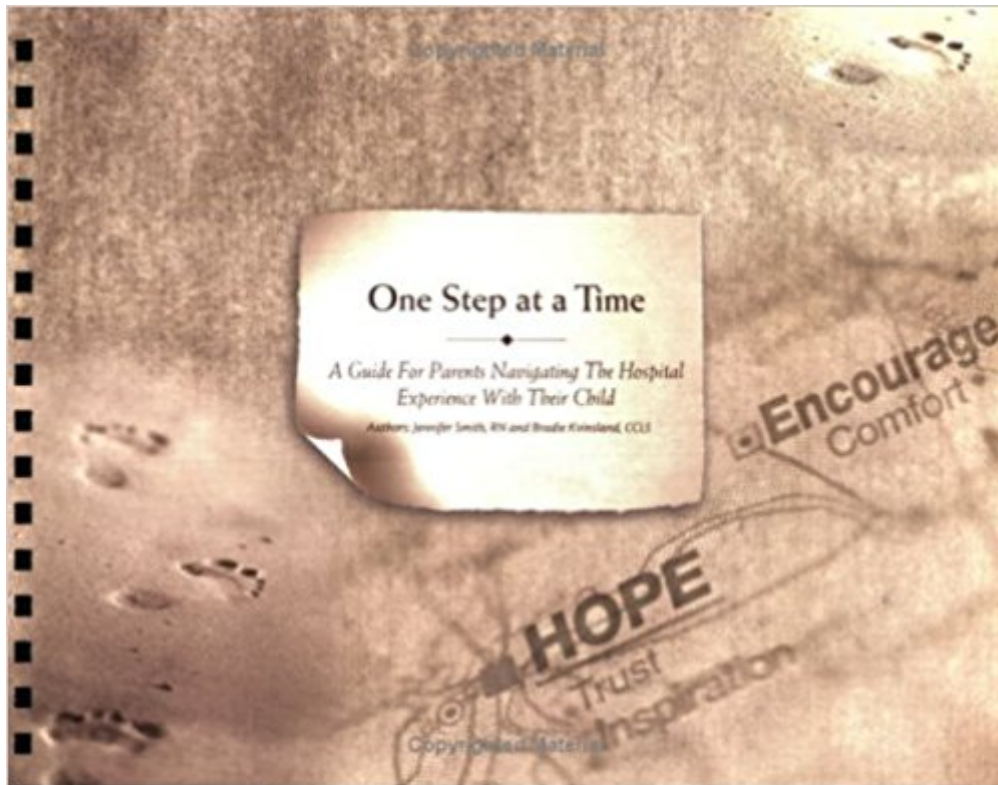




The book was found

One Step At A Time



Synopsis

"One Step at a Time" is a book, keepsake and guide for coping with a child's hospitalization. It offers a unique way for a parent to ask the right questions, record important medical information, and express joy, fear and hope during a very difficult time. And most important, it encourages parents to take care of themselves physically, emotionally and spiritually.

Book Information

Spiral-bound: 216 pages

Publisher: CP & Publishing, LLC; 2nd edition (March 30, 2005)

Language: English

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Package Dimensions: 10.7 x 10.5 x 0.7 inches

Shipping Weight: 1.9 pounds

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #6,379,337 in Books (See Top 100 in Books) #66 in [Books > Health, Fitness & Dieting > Children's Health > Epilepsy](#) #129 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Brain Cancer](#) #5091 in [Books > Parenting & Relationships > Reference](#)

Customer Reviews

"I never knew any of the big words used and was intimidated to ask. They all just assumed we knew their language. I needed this book when my baby was in the hospital-this is great." --Dara Feltus, mother of Parker, who was born with a single ventricle heart

"Thank you for creating such an excellent resource for parents of children with a serious illness. I often see loving parents put themselves last during this stressful time. Your book reminds parents that to be there for their young loved ones, they must first take care of themselves. "One Step at a Time" provides an amazing amount of encouragement and support, as well as concrete tips on how to survive as a caregiver. It's invaluable." --Joanne Patten, Certified Child Life Specialist, Children's Hospital and Regional Medical Center, Seattle, WA

"...For parents and families of hospitalized children, "One Step at a Time", is a handbook, and historical record, an inspirational warehouse, and a guide for personal crisis/stress management and resolution. Every family of a hospitalized child should have a copy of this outstanding book." --Jerry J. Zimmerman, PhD, MD, Director, Pediatric Critical Care Medicine, Children's Hospital and Regional Medical Center

Jennifer Smith is a registered nurse specializing in pediatric intensive care with babies and children. After working at Texas Children's Hospital for three years, she returned to the Pacific Northwest where she continues her nursing career in the pediatric intensive care unit of Seattle's Children's Hospital and Regional Medical Center. Jennifer lives in Gig Harbor, WA, and enjoys skiing, running and spending time with friends and family, including her husband, Matt, and their daughter, Sadie. Bradie Kvinsland is a Certified Child Life Specialist, working with the emotional and developmental needs of acute and chronically ill children and their families. Bradie has spent her career working at Swedish Medical Center in Seattle, WA, with pediatric patients in oncology, intensive care, and surgical services. She has created programs to enhance family-centered care and advocates for the needs of children and families through hands-on clinical work. Bradie received her bachelor's degree in Family Studies from Washington State University. She resides in Gig Harbor, WA, with her husband, Eric, and their children, Ryker and Bayden.

This is such a helpful tool! Having spent time with families working through moving from shock to advocacy, this book is a tremendous help - taking families by the hand and walking through seemingly minor details which have major impact both medically and personally. Well done!

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